

# Thurlow 5 Race Results

Hosted by Haverhill Running Club 15 October 2016

## Category Results

	Race Pos.	Bib. Number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
Overall	1	1	00:27:25	Michael Gilbert	MS		1 / 8	Haverhill Running Club
	2	2	00:29:08	Andrew Mynott	M40		1 / 7	Saffron Striders Rc
	3	3	00:31:35	Tom Kingsnorth	MS		2 / 8	Saint Edmund Pacers
Male	1	1	00:27:25	Michael Gilbert	MS		1 / 8	Haverhill Running Club
	2	2	00:29:08	Andrew Mynott	M40		1 / 7	Saffron Striders Rc
	3	3	00:31:35	Tom Kingsnorth	MS		2 / 8	Saint Edmund Pacers
Female	1	6	00:33:08	Nicky Bennett	F40	1	1 / 3	West Suffolk Wheelers
	2	13	00:35:20	Nicki Davis	F35	2	1 / 1	
	3	14	00:35:39	Mary Ann Tull	F45	3	1 / 7	Haverhill Running Club
	M17	10	00:34:42	Bertie Tweed	M17		1 / 2	Saint Edmund Pacers
	F17							
	F35							
	M40	9	00:34:40	Ben Green	M40		2 / 7	
	F40	66	00:58:18	Liz Nunn	F40	32	2 / 3	Haverhill Running Club
	M45	11	00:35:04	Iain Milligan	M45		1 / 4	Saint Edmund Pacers
	F45	38	00:46:00	Alison Goodwin	F45	11	2 / 7	Haverhill Running Club
	M50	15	00:36:01	Alan Jones	M50		1 / 9	Saffron Striders Rc
	F50	17	00:37:12	Sandy Thorogood	F50	4	1 / 11	Sudbury Joggers
	M55	8	00:34:26	James Heath	M55		1 / 4	West Suffolk Wheelers
	F55	26	00:40:51	Jane Munro	F55	7	1 / 4	
	M60							
	F60	50	00:50:26	Valerie Kerrison	F60	20	1 / 2	Halstead Rrc
	M65							
	F65							
	M70							
	F70							

## Full Race Results

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
1	363	00:27:25	Michael Gilbert	MS		1 / 8	Haverhill Running Club
2	322	00:29:08	Andrew Mynott	M40		1 / 7	Saffron Striders Rc
3	344	00:31:35	Tom Kingsnorth	MS		2 / 8	Saint Edmund Pacers
4	372	00:32:25	Westley Walker	MS		3 / 8	
5	341	00:32:41	Matthew Crane	MS		4 / 8	Saint Edmund Pacers
6	362	00:33:08	Nicky Bennett	F40	1	1 / 3	West Suffolk Wheelers
7	365	00:33:40	Alex Smith	MS		5 / 8	Haverhill Running Club
8	361	00:34:26	James Heath	M55		1 / 4	West Suffolk Wheelers

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
9	373	00:34:40	Ben Green	M40		2 / 7	
10	351	00:34:42	Bertie Tweed	M17		1 / 2	Saint Edmund Pacers
11	328	00:35:04	Iain Milligan	M45		1 / 4	Saint Edmund Pacers
12	357	00:35:16	Dominic Brophy	M17		2 / 2	Cambridge & Coleridge Ac
13	360	00:35:20	Nicki Davis	F35	2	1 / 1	
14	331	00:35:39	Mary Ann Tuli	F45	3	1 / 7	Haverhill Running Club
15	355	00:36:01	Alan Jones	M50		1 / 9	Saffron Striders Rc
16	370	00:36:11	Jamie Randall	M50		2 / 9	Haverhill Running Club
17	327	00:37:12	Sandy Thorogood	F50	4	1 / 11	Sudbury Joggers
18	319	00:37:35	Malcolm Cameron	M50		3 / 9	
19	343	00:37:49	Wayne Bradley	M45		2 / 4	
20	325	00:37:53	Peter Warland	M50		4 / 9	Stowmarket Striders Rc
21	303	00:37:55	Neil Halls	M40		3 / 7	Saffron Striders Rc
22	371	00:38:13	Charles Hudson	M5		6 / 8	
23	349	00:39:04	James Tweed	M40		4 / 7	
24	317	00:39:15	Shirley Fowler	F50	5	2 / 11	Haverhill Running Club
25	334	00:40:31	Louisiane Ferlier	F5	6	1 / 6	
26	340	00:40:51	Jane Munro	F55	7	1 / 4	
27	358	00:41:03	Veronika Golovina	F5	8	2 / 6	
28	315	00:41:10	Guy Tremayne	M50		5 / 9	Saffron Striders Rc
29	359	00:41:11	Teresa Franklin	F50	9	3 / 11	Haverhill Running Club
30	354	00:41:12	David Chalcraft	M55		2 / 4	
31	326	00:41:52	Sharon Warland	F50	10	4 / 11	Stowmarket Striders Rc
32	305	00:42:08	Steve Butler	M40		5 / 7	
33	81	00:42:38	Ned Gemmill	M5		7 / 8	Haverhill Running Club
34	356	00:43:04	Nick Troop	M50		6 / 9	
35	335	00:44:10	Christopher Komodromos	M40		6 / 7	
36	320	00:44:20	Simon Haffenden	M55		3 / 4	Saint Edmund Pacers
37	332	00:45:39	Julian Parkhill	M50		7 / 9	
38	308	00:46:00	Alison Goodwin	F45	11	2 / 7	Haverhill Running Club
39	336	00:46:25	Grace Judge	F50	12	5 / 11	Haverhill Running Club
40	307	00:46:30	Robert Goodwin	M45		3 / 4	Haverhill Running Club
41	350	00:47:00	Mary Tweed	F45	13	3 / 7	
42	337	00:47:32	Andrew Colley	M55		4 / 4	
43	329	00:47:50	Sarah Pickard	F55	14	2 / 4	
44	311	00:48:04	Ellen Williams	F5	15	3 / 6	Haverhill Running Club
45	353	00:48:13	Gabrielle Clarke	F45	16	4 / 7	Haverhill Running Club
46	338	00:48:22	Alison Jones	F50	17	6 / 11	
47	346	00:48:41	Maria Reed	F55	18	3 / 4	Haverhill Running Club
48	369	00:48:47	Derek Turner	M50		8 / 9	
49	330	00:49:32	Victoria Metson	F5	19	4 / 6	
50	352	00:50:26	Valerie Kerrison	F60	20	1 / 2	Halstead Rrc
51	364	00:50:30	Fran Williams	F50	21	7 / 11	Haverhill Running Club
52	367	00:51:01	Robert Wigmore	M5		8 / 8	Haverhill Running Club

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
53	312	00:51:56	Susan Brentnall	F50	22	8 / 11	Cambridge & Coleridge Ac
54	376	00:51:59	Conelewa Kibby	FS	23	5 / 6	
55	375	00:52:25	Lee Smith	M40		7 / 7	
56	348	00:53:16	Emma Brehony	F50	24	9 / 11	
57	342	00:53:17	Sam Lundrigan	F45	25	5 / 7	
58	374	00:53:18	Darren Buckley	M45		4 / 4	Haverhill Running Club
59	314	00:53:58	Sheila Shead	F60	26	2 / 2	
60	309	00:54:07	Natasha Smith	FS	27	6 / 6	
61	366	00:54:07	Yusuf Firat	M50		9 / 9	Haverhill Running Club
62	323	00:54:13	Karen Richardson	F50	28	10 / 11	Cambridge & Coleridge Ac
63	345	00:54:50	Gillian Green	F55	29	4 / 4	Newmarket Joggers
64	318	00:57:41	Lynnette Garstang	F45	30	6 / 7	Haverhill Running Club
65	333	00:58:17	Jo Jones	F45	31	7 / 7	
66	310	00:58:18	Liz Nunn	F40	32	2 / 3	Haverhill Running Club
67	368	00:58:20	Claire Lister	F40	33	3 / 3	Haverhill Running Club
68	302	01:04:31	Annette Hall	F50	34	11 / 11	Haverhill Running Club
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