

Approx Distance (miles)	Instruction
	With your back to the pub, turn left and follow the pavement
0.1	Turn left onto Temple End Road and follow for 1.1miles until you reach a cluster of farms and houses.
1.2	You need to run through Temple End Farm. This is second of the two farms, and its entrance is on the left-hand side at the point where the road takes a sharp right up a hill.
1.3	Run between the farm buildings to come out at the back of the farm. You'll see a farm track going straight ahead, and one going right. You need to go STRAIGHT AHEAD. Follow the track to the top of the hill.
1.95	At the top of the hill you will meet another track running left to right. You need to TURN LEFT here. Follow the track to the next farm (called Hunts Park).
2.45	Take the track on your left (opposite the farm house). Follow a short way
2.6	Just after you reach the treeline, the track will take a sharp left. Right on this bend there will be the start of a grass track on the right. You need to TURN RIGHT onto the grass track.
	Follow the grass track along the edge of the woods (woods will be on your right) until you reach the windmill. Go past the house and back onto the road.
2.95	When you emerge back onto the road, turn left and follow the road back down into Thurlow.
3.4	At the bottom of the hill you will come to a set of crossroads. Go LEFT AND THEN IMMEDIATELY RIGHT (ie straight over the staggered crossroads)
3.55	Opposite the church, take the footpath on your left (the Stour Valley Path). Follow this through the cemetery, through a grass field and along the edge of a crop field. This will lead you into the woods.
3.85	Ignore the bridge on the left-hand side and go straight ahead. Follow the path through the woods and around the edge of the field.
4.0	Turn left onto the concrete track immediately after the sewage works.
4.25	When you rejoin the road, TURN RIGHT. Follow the road up the hill and out of the village.
4.75	Just after leaving the village, the road bends to the right and there is an obvious grass track on the left. TURN LEFT ONTO THE GRASS TRACK
4.95	Follow the grass track to some horse paddocks. Follow the footpath through the paddocks, to the stable yard on the other side.
5.15	In the middle of the stable yard, look out for the footpath on the left and take it. The footpath will follow a small stream (that may be completely dry?) down to the hamlet of Little Bradley.
5.4	When you come back out onto the road, go straight ahead. Follow down to the river.
5.6	Immediately after crossing the river, turn left onto the Stour Valley Path. Follow the path along the edge of the river, back to Thurlow.
6.0	When you rejoin the road, TURN RIGHT.
6.2	At the green, TURN LEFT. Follow the pavement past the school, over the bridge and back to the pub.
6.5	Back at pub